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## Local Area Directions – Heading North

### Los Urrutias

Turn left on to the main road in Estrella de Mar towards Los Urrutias and you are there.

**Supermarket** – is on your left 50m into Los Urrutias.

**Marina** – take the first right after entering Los Urrutias and park on the rough ground at the end of the road, take care of broken glass. The marina/sailing club is over the causeway in the Mar Menor.

### Los Alcazares

Turn left on to the main road in Estrella de Mar towards Los Urrutias. Continue straight on through Los Urrutias and Punta Brava (one traffic light and lots of speed bumps) for about 3km until you come to a T junction. Turn right towards Los Alcazares (signposted) and continue for about 1km.

**Mercadona supermarket** – On entering Los Alcazares, continue straight on for about 2 miles through a number of traffic lights and a roundabout until you see Mercadona on your right. Turn right and go up the ramp to the rooftop parking or park on the street outside.

**La Encarnación Hotel and Spa** – Restaurant open all year, Spa only open from June to September. See map in tourist information folder for location (on the waterfront).

**Tourist Information** – Located in Los Alcazares in the Plaza near the Mercadona supermarket. Walk through the plaza, towards the sea with Mercadona on your left. You will find the office located on a corner half way down the plaza on the right hand side.

### AP7 (motorway) Northbound

Turn left on to the main road in Estrella de Mar towards Los Urrutias. Continue straight on through Los Urrutias and Punta Brava (one traffic light and lots of speed bumps) for about 3km until you come to a T junction. Turn left and continue for about 500m to a roundabout, turn right at the roundabout to join the motorway to the north towards Alicante and Murcia.

### San Pedro del Pinatar and Lo Pagan

Continue past the Murcia Airport exit on the AP7 motorway and continue past the signs to San Pedro del Pinatar until you see signs for the Salinas de San Pedro. Exit here and follow signs to the Salinas and for Lo Pagan.

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## Local Area Directions – Heading South

### AP7 (motorway) Southbound (for Cartagena & Mazarron)

Turn left on to the main road in Estrella de Mar towards Los Urrutias. Continue straight on through Los Urrutias and turn left at the traffic light. After about 1km you come to a roundabout (near Spicy Fruit sign on your right). Turn right and continue for about 2km to another roundabout. Turn left and join the motorway towards Cartagena.

### Cartagena

Travel on the AP7 south for about 12km. Take care to follow the signs to Cartagena where the Murcia motorway merges (On the way back follow signs to AP7 and Alicante at this point). After this and as you get closer to Cartagena you will get signs to Puerto, follow these if you want to go to the Port and Roman Ruins.

**Parque Mediterraneo** – This is a large shopping centre just outside Cartagena. You will see it on the right hand side as you approach the city. Take the exit to Poligono Industrial and then at the first roundabout inside the industrial estate turn right. Follow the road to the end where there is a large underground car park on your right hand side.

**Port and Roman Ruins** – Follow the signs to the port (Puerto) until you see the promenade on your left hand side. Most convenient car park is the underground car park at the port (approx 1 euro per hour), entrance opposite the tourist information booth. (use the mini roundabout to do a U turn after you pass the tourist info booth.

### Los Nietos

Turn right onto the main road at Estrella and continue for about 4km until you reach Los Nietos.

**FEVE train to Cartagena** – is on your right as you enter Los Nietos. This small modern train takes you through the countryside to the historic city of Cartagena and the mining town of La Union.

**Market (Sun am)** – located on your right 200m after you enter Los Nietos, located in front of the second train station. Continue to the end of the road and take a 90' bend to the left, just ahead you will see the **Pescadería (fish shop and restaurant)**.

To continue through Los Nietos take an immediate right and follow the signs for Cabo de Palos through the one-way system (follow the road through a 90' right turn, turn left at the signpost for Cabo de Palos (just before the only traffic light) then turn right at the T-junction end of this road.

### Los Belones

Drive through Los Nietos, continue for 1km and turn right at the roundabout. Continue on for another 1km and turn left at the roundabout this takes you to Los Belones, with its shops, restaurants and bars.

**Rancho de la Fuente** - for Horse Riding Stables and free spring water. Continue into Los Belones and turn right at the Caja Murcia bank. Continue on this road over the dual carriageway and up the hill through the village for about 1km. About 100m before the end of the paved road on your right are the stables. The spring water tap is at the end of the paved road.

**La Manga Club** – Continue straight on at the roundabout at Los Belones this takes you under the dual carriageway. Go straight on at the next roundabout and carry on for about 1km. At the entrance to La Manga Club turn left and left again at the T junction for the main part of the Club (golf, football, tennis, shopping, restaurants, bars and Activity Booking Center) or right for Las Lomas Village (spa, gym, posh Indian restaurant and swimming). A map should be available in the tourist information file.

### **Calblanque Beaches**

Drive through Los Nietos and on to Los Belones. Continue straight on at the roundabout at Los Belones this takes you under the dual carriageway. Go left at the next roundabout to join the dual carriageway to La Manga. After about 2km take the Calblanque exit and then turn right onto the long straight dirt road, continue for about 1km.

**Playa Larga** – Where the road forks take the dirt track to the right onto a short stretch of paved road and back onto the dirt track up into the hills. After about 1km you come to a T junction with an information board and building to your left. Turn left here and after about 0.5km you come to a covered parking area which has a long boardwalk down to the beach. You can park here or continue on the track to another car park slightly closer to the beach but with rougher access.

**Playa de Calblanque** – Where the road forks take the left hand dirt track and continue round a few bends and then down towards the sea (about 1km). Then take the left fork in the track followed by the right fork past the Salinas de Rassall. Park at the end of the road or in the car park and walk through to the beach. Take care when swimming at this beach as there are strong currents and it can be dangerous.

Remember to lock up the car and leave nothing on show as these are quite isolated beaches and car parks.

### **Cabo de Palos**

Continue past the Calblanque exit on the dual carriageway for another 1km. Exit at Cabo de Palos this brings you to a roundabout.

**Cala Reona** – Go right at the roundabout and continue for about 500m to the beach car park.

**Spar Supermarket** – Go straight on at the roundabout and then take first turning on the right. Also an internet café here.

**Go Karts**– Go left at the roundabout to go over the dual carriageway to the go kart track at Playa Honda.

### **La Manga del Mar Menor (or La Manga Strip)**

Continue on the dual carriageway past the Cabo de Palos exit. The dual carriageway ends at some traffic lights, this is the beginning of the La Manga Strip. The strip is about 18km long.

**Tourist Information** – Turn right at the traffic lights and then first right.

**Mercadona Supermarket and Festivo Chinese Restaurant** – Continue past the tourist information and turn right at the Mercadona supermarket. The Chinese is on your left (highly recommended)

**Cabo de Palos Harbour and Seafood Restaurants** – Turn right at the traffic lights continue past Mercadona to a second set of traffic lights and turn left. After about 500m turn right into the harbour area. Lots of restaurants, bars and scuba diving shops.

**Cabo de Palos Lighthouse** – Continue on past the harbour until you can see the lighthouse. Park and walk up the hill to the lighthouse platform for panoramic views of the area.

**Hotel Entremares Spa** – Go straight on at the traffic lights at the bottom of the La Manga Strip. Turn right at the next traffic light and park in the hotel's car park at the end of the road.